

SWITCH YOUR RENTAL PROPERTY
 TO **COOPER JACKSON PROPERTY**
MANAGEMENT & RECEIVE
 A FREE \$350 PRE-PAID
 VISA CARD + 12 Months FREE
 Landlord Insurance



Brisbane all areas | P: (07)3851 0011 | M: 0400 872 232 | www.cooperjackson.com.au



Western Suburbs

Out & About MAGAZINE

WWW.OUTANDABOUTMAG.COM.AU



INTO WOODWORKS Pty Ltd
 Australian Timber Furniture

AS SEEN AT THE BRISBANE HOME SHOW

Exquisite Hand Crafted Furniture From Beautiful
 Australian Timbers Using The Finest Traditional Methods

Address:
 Unit 3/227 Fleming Road
 Hemmant QLD 4174

Phone (07) 3390 5673
 admin@intowoodworks.com.au
 www.intowoodworks.com.au



Handcrafted Kitchen Island Benches

justea
 fine quality loose leaf tea
 healthy refreshing relaxing

BROKEN ORANGE PEKOE
 Our Best Seller!

Broken Orange Pekoe is the first cut of the full leaf producing a mid strength flavour. Best enjoyed with a dash of milk and sugar.

Available in 3 sizes:
 Packet (200g), Kilo & Carton

Buy Online at Justea.com.au

JOIN THE MOVEMENT

Tai Chi & Qigong for health

Monday mornings @ Temple Yoga
 580A Grandview Road Pullenvale 9am-10.30am

Call Julia Chai 0412 362 338 to register

**WANT IT SOLD?
I WILL GET IT SOLD FOR YOU.**

SOLD 3 April 2020
By Virtual Auction
5 Registered Bidders
Jeff Smith

**CALL ME ON
0432 00 33 55**

Ray White

Jeff Smith PhD, MBA
Licensed Real Estate Agent
Sales & Marketing consultant
0432 00 33 55
jeff.smith@raywhite.com



Bardon
MARKET

- Support your Community Markets ...
- Specialising in Farm Fresh Produce – Grass Fed, Free Range Meats...
- Handmade Crafts and Jewellery
- Experience Great Coffee and Music
- ATM Available
- Plenty of FREE Parking
- New Stall Holders Welcome



Baroona Road, BARDON
(next to Norman Buchan Park)
Contact Sara ☎ 0409 975 032
Sundays from 7am – 12pm



UNDER NEW MANAGEMENT
Kane and Emma

- Stocking a large range of Haberdashery Items
 - School Uniforms
 - Dry Cleaning

467 Waterworks Rd, West Ashgrove
☎ 3366 1659
www.schoolthreads.com.au

**GUTTER
CLEANING**

Solar Panel & Roof Washing



Phone Frank. Well Priced,
Insured & Friendly.
Mobile: 0403 609 086



The beautiful flavours of Grass Fed, Free Range Beef, Pork, Lamb and Chicken to suit every "gourmet taste".

Visit the Bardon and Kelvin Grove Markets for the very best "Wild Caught Fresh Fish Fillets".

Collect a Hot Roast on the way home from Monday to Thursday available to order – Friday – Sunday in store. Also available to order. Exquisite home cooked meal options available to purchase.

Call in and meet with Gary and Julie and their professional helpful team at ...

Meat U @ Home - Shop 6, The Gap Village Shopping Centre, 1000 Waterworks Road, The Gap.

☎ 3161 5021...www.meatuathome.com.au

Area A (Letterbox Delivery) The Gap • Samford Village • St John's Wood • Newmarket • Dorrington • Ashgrove • Ashgrove West • Bardon • Bardon West • Rainworth • Jubilee • Ithaca • Paddington • Rosalie
Personal Deliveries to Cafes in Moggill – Brookfield – Pullenvale – Bellbowrie and Kenmore.



Stunning Fashions – Accessories
– Day – Formal and Evening Wear ...



Absolute beautiful colours in this gorgeous cold shoulder dress by Blue Soul ...

Open Wednesday to Sunday (inclusive)
Mob: 0407 026 562
3B McKenzie Street, DAYBORO.

Jesse Sherring

Sales Agent



0431 682 244

jesse@placewest.com.au



What my clients have to say:

Jesse achieved the best possible sales result for us, while other agents just pushed for the listing. He helped us to secure the sale in just three weeks! Amazing!



A Fresh Approach In Real Estate

CONNORS & CO.



Connors & Co. is a Brisbane based design studio creating liveable homes with timeless beauty & effortless style.

Residential interior design & decoration services in Brisbane & beyond.

Kate Connors
Designer & Director
0402 125 560
www.connorsandco.co

ELITE

BUSINESS MERCHANDISE
australia & south pacific

Bringing Your Ideas To Life With Thoughtful, Creative And Innovative Promotional Products
PPE work wear and Corporate Uniforms



0410 441 254

robyn@elitebusinessmerchandise.com.au
www.elitebusinessmerchandise.com.au



de Graaf CONSTRUCTIONS

- **New Homes/Secondary Dwellings**
- **Major and Minor Renovations**
- **General Carpentry**
- **Maintenance**
- **Decks and Pergolas**
- **Bathroom Renovations**
- **Extensions**
- **Locally Based**



0432 958 578

Email: albert@dgc.online

www.degraafconstructions.com.au

Fully Licensed & Insured. QBCC: 1316421



Lifestyle & Living



JOIN THE FUN AND EXCITEMENT !

The First Sunday of every month we run a Sunday session with LIVE music and Free Barefoot Bowls.



Our Little Nyonya Kitchen is Now Open:
 Wednesday - Friday : 4pm till 9pm
 Saturday : 10.30am till 9pm
 Sunday : 10:30am till 8pm



📞 Telephone: 3851 1889

📍 20 Tramway Street, Ferny Grove.

🌐 www.fernygrovebowls.com.au

DRAFT-IT-UP

LICENSED BUILDING DESIGNERS

- Renovation Advisory Service
- Development & Building Approvals
- New Builds & Renovations

GET THE BEST DESIGN FOR YOUR BUDGET

CALL NOW
FREE QUOTE

Beau - 0437 434 909

hello@draftitup.com.au | draftitup.com.au

QBCC - 1277738

Gleam O'Dawn

RURAL STORE



Gleam O Dawn Rural Store is a diverse local rural one stop shop in the great Samford Valley.

The only "About the Garden" accredited retailer in the valley stocking:

- Comprehensive range of Searles premium potting mixes
- Rocky Point organic sugar cane mulch, potting mixes, hemp bedding, pea straw mulch
- Bulk sugar cane mulch for larger gardens
- Visit our garden shed and explore indoor greenery, fruit trees, herb and vege seedlings
- Full range of organically certified seasol liquid and Queensland organic pelletized ferts
- Weed control selective and non selective herbicides organic & chemical, insecticides fungicides and mitacides
- Hooks - point of lay and many feeds including organic & chook accessories
- Stockfeeds and hay for horses cattle sheep goats alpaca pigs and more & associated care products
- Electric & rural fencing



Beautiful plants for someone special.

Come visit & browse Gleam O' Dawn when out and about & meet our great friendly team.

(07) 3289 1699 | www.gleamodawn.com.au
 230 Mt Glorious Road, Samford



Lifestyle & Living

Bohemian Décor



Unique and Interesting Pieces
To Suit Your Home Décor



German Oak Spindle Back Chairs

Panel Privacy Screens

Open 6 days (Closed Tuesday)
Contact Mobile: 0413 535 009
Shop 1/38 Williams Street, DAYBORO



Warmly
Nourished



PATRICIA@WARMLYNOURISHED.COM.AU

Cooking Journeys With Patricia
Of Warmly Nourished

Patricia offers bespoke cooking classes & experiences where chef tips & nutritional secrets are revealed in a relaxed, fun filled, shared learning experience. New classes are forming now. Patricia will spark new life & excitement into your meals as you learn the unique health benefits or ingredients which will enhance your health.

MOBILE: 0401 995 502 | WWW.WARMLYNOURISHED.COM



Brisbane Mountains
A Lifestyle Choice

Imagine you feel like you are on a mountain holiday - every day.....

Breathe fresh and clean air - every day.....

Become part of a community that is proud of its people and environment.....

Nurture your family in pristine and natural surroundings.....

Believe you can have all of this 30km from the Brisbane CBD....

Shops 2 & 3 / 1863 Mount Nebo Road, Mount Nebo, QLD, 4520

enquiries@brisbanemountainsrealty.com.au

www.brisbanemountainsrealty.com.au

Ph/Fax: (07) 3289 8132

LUV&CO.
estate agents

LUV&CO. estate agents
PO BOX 3032 | Ashgrove East | QLD 4060
info@luvandco.com.au

Share the Luv

To provide an innovative and preferred real estate service that:

SELLERS recommend to family and friends

PURCHASERS refer to their community

LOCAL BUSINESSES recommend to their valued clients

INVESTORS seek for long-term returns

We want to be with our clients on their journey, providing professional and ethical support and honest, practical advice whether they are buying their first home, selling their family home, searching for investment property or simply wanting to know more about the property market.

Most importantly, we deliver our service with knowledge, experience, empathy and passion:

We serve our customers diligently in meeting their requirements and by delivering outstanding value and support. We continue to learn about new trends, and implement new strategies to best showcase your property, and save you money at the same time.

We strive to develop all our work in a sustainable and environmentally sensitive manner. Wherever possible, we implement green technology and use environmentally-friendly systems in everything we do.

We are a company that supports our families with genuine work life balance practice within our workplace.



Meet Fiona Greene
Director

www.luvandco.com.au 0430 905 925



justea

fine quality loose leaf tea
healthy refreshing relaxing

*Speciality Fine Tea
Delivered To Your Door*

Orange Pekoe
Broken Orange Pekoe Fannings
Green Tea
Earl Grey
Ginger
Lapsang Souchong
Darjeeling
Bush Flower Tea
Tulsi Tea
Gunpowder Green
Arctic Fire
Jasmine Pearls
White Peony (Bai Mu Dan)
Flowering Tea Balls
Yerba Mate
and many more

Scan this code with Messenger
to receive a free sample of our fine tea

1. Open Facebook Messenger

2. Go To People 

3. Click Scan Code 

SCAN CODE



justea.com.au



Lifestyle & Living



AWNINGS BLINDS DIRECT Residential and Commercial

QBCC 1166188

- ✓ Fabric Awnings
- ✓ Metal Awnings
- ✓ Shutters
- ✓ Roller Blinds
- ✓ Privacy Screens and Venetians

Contact Michael on 0429 019 737
for personalised service.

www.awningsblindsdirect.com.au

Beevers REAL ESTATE



We have operated as a FAMILY BUSINESS and have lived and worked in the INNER CITY AREAS of Brisbane for over 40 YEARS.

Our business has been built on SERVICE and RECOMMENDATION and we take pleasure in offering our services to YOU and your PROPERTY.

Whether you are Selling or your Investment Property needs personalised Service call Sandra on 0418 872 578 to discuss how I can assist you.

www.beeversrealestate.com.au

Encore La Chance

Recycled Designer Fashions and Accessories
Our Autumn/Winter Fashions Now Arriving
'Call in soon and explore'



Shop 57, 283 Given Terrace - Paddington
Phone: 3368 3252



COLD ROCK ice creamery

Welcome to the House of Yum!

Cold Rock Rosalie, 11 Nash Street, Paddington. Ph: 3368 1900

SERVICE WITHOUT ANY EXPECTATIONS...

Jeff is an exceptional Real Estate Agent that goes above and beyond without any expectation of anything in return. Call him and "experience the difference"



Jeff and Wife Jane on a recent trip to Shanghai...

Ray White

Jeff Smith PhD, MBA
Licensed Real Estate Agent
Sales & Marketing Consultant
0432 00 33 55
jeff.smith@raywhite.com

A PERFECT OUTCOME

"So we had to sell my late sister's unit in Wilston. We contacted JEFF SMITH at once, knowing that our neighbours' high satisfaction with Jeff, wherein a space of a year or so, Jeff sold their properties at The Gap (one twice) and they had glowing reports about Jeff and the outcomes of the sales.

Right from the start Jeff explained the processes available, provided comprehensive sales history of the market at Wilston, and made a strategy recommendation to go to auction and prepare the property for the best result. With family recommendations Jeff quickly adapted a new sale strategy and the rest is good history. The whole process was truly professional with total communication and person care that Jeff portrayed at all times.

This gave Aina and I a stress free period with confidence that we were in the best of hands. Surprisingly enough, nothing was too hard for Jeff. The property presentations changed but sales material that Jeff had virtually produced fully revealed the potential of the unit. Yes, we achieved a great sales price and couldn't have wished for a better outcome."

Andy and Aina

"Jeff Smith will be my 'go to' real estate agent forever more.

His decency, sincerity and real life experience before turning his fine mind to real estate, mean he'll listen and get the result you are after. When the stress of selling overwhelms, Jeff is there to talk good sense. His calm demeanour gets the result. And that is what counts in the end.

I can't recommend him highly enough."

Louise, The Gap

Jeff Smith PhD, MBA
Licensed Real Estate Agent
Sales & Marketing Consultant
0432 00 33 55
jeff.smith@raywhite.com



RayWhite



Lifestyle & Living

BLACKWOOD BARBERS



Blackwood Barbers is a full-service barbershop located in Mitchelton, Brisbane and is conveniently located a short distance north of the CBD. From in-store appointments for men's haircuts, through to being a trusted online store – we're the men's hairdresser with more.

We are proud to supply you with quality, professional grooming products and styling advice, no matter where you are in the world with our dedicated online store.

Be it to give you a sleek, new men's haircut, or offer you industry-trusted products – we are committed to keeping your look as sharp as our razors. We are your true one-stop-barbershop in Brisbane.

Shop 8, 40 Blackwood Street, MITCHELTON

**BOOK ON LINE OR CALL 3855 8855
WWW.BLACKWOODBARBERS.COM.AU**



DISCOVER YOURSELF

From beginner to professional
and everything in between!

Set yourself a new challenge,
or develop existing skills.

Start Your Creative Journey And Book
Your Class Today!

Telephone 07 3262 1808
brisbanepaintingclasses.com



Lifestyle & Living

FISH LOVERS
 The Most Delicious Seafood Your Tastebuds Are Dying To Meet!
 Established over 30 years...





Open 7 Days. 4/165 Baroona Road Rosalie
 Ph: 3217 6511 W: www.fishlovers.com.au

STANDING ROOM ONLY BOUTIQUE CATERING

Corporate and Private Event Catering – Brisbane
 Exquisite food for your special occasion






Chef Andrew with team member Stephanie

ASHGROVE
 Telephone: 0433 822 280
www.standingroomonlycatering.com.au

CLUB SPARKY ASHGROVE FAMILY DAY CARE
 Vacancies Now Available for 2020
6 WEEKS AND UP
 Located Within Walking Distance To Ashgrove State School
 Telephone Samantha on Mobile 0416 022 259 for further information.



DAVIDSON
 Painting Solutions
 QBCC: 1170144

Dulux
 Accredited Painter

PAINTER'S WORKMANSHIP 5 year WARRANTY






Specialising in:

- Residential, Commercial, Insurance, Corporate
- Colour Consulting
- Colour Matching
- Industrial Coatings
- 5 Year Warranty
- Family Owned & Operated

Mark: 0407 646 282 Office: 3300 2566
w: www.dpsol.com.au e: info@dpsol.com.au



Lifestyle & Living

V I A I

NEW FARM

Beautiful Fashions For All
 v i a Ages and All Sizes...
 Imported and Australian Labels.

SHOP 13, MERTHYR VILLAGE
 83 MERTHYR RD, NEW FARM, QLD 4005
 TELEPHONE: 07 3358 6668



GREAT CELEBRATIONS
 FOR ANY SPECIAL OCCASION



WITH THE TANTALISING TASTES FROM OUR GOURMET KITCHENS.
 JOIN US FOR BREAKFAST - BRUNCH AND ALFRESCO LUNCH
 OVERLOOKING OUR BEAUTIFUL PARKLANDS RESERVE.
 OPEN 7 DAYS. 25 GLENAFFRIC STREET, THE GAP.

3300 6004

If You Wish To Collect An Extra
 Copy Of The Out & About
 Magazine Call In And Visit
 The Friendly Team at



Open 7 Days.

620 Moggill Rd, Chapel
 Hill | M: 0402 612 804

Watercolours & Drawing
 ART CLASSES



0414 930 706

www.salonartstudio.com

www.facebook.com/SalonWatercolours/

Community Classes are held at Kenmore
 State School or other venues

HOME STORE

If you like to wear what makes you happy,
 find the perfect gift, and enjoy your shopping
 experience, come and see us.

FASHION | GIFTS | LIFESTYLE

Home Store Ashgrove



Shop 3, 20 Stewart Rd Ashgrove 4060
 p 3366 8262

Open 7 days | M-F 9-5 | Weekends 9-3

e shop@homestoreashgrove.com.au
www.homestoreashgrove.com.au

[homestoreashgrove](https://www.facebook.com/homestoreashgrove) [homestoreashgrove](https://www.instagram.com/homestoreashgrove)

QBCC: 1113283



GRANDR CONSTRUCTION



- ✓ RENOVATIONS & EXTENSIONS
- ✓ BATHROOMS
- ✓ KITCHENS
- ✓ DECKS

0403 776 263

info@grandrconstruction.com.au



Lifestyle & Living

Nitta Caruso Singing Academy



Nitta Caruso



"Singing Athlete" written and designed by Nitta

32 years experience in teaching, singing, piano and music theory

- **Nitta is also a Vocal Therapist** •

Contact Nitta Mobile: 0438 869 132
Email: nittacaruso@bigpond.com
72 McGinn Road, Ferny Grove

Give the gift of a **UKULELE**
The musical instrument that
ANYONE CAN PLAY!



Change your or someone else's life with quality ukuleles from just **\$36**

Fantastic ukulele gift packs from **\$69 to \$199**



Australia's No.1 Uke Destination



- All sizes
- All budgets

PLUS: • Uke music • Accessories
 • Giftware • Expert advice

Exclusively at



Cnr. Webster Rd & Billabong St
STAFFORD 3356 3299
 ukenation.com.au



Newmarket



Ashgrove



Alderley



The Gap



Enoggera



Milton

Get the **right appraisal**, right from the start ...

0433 182 849 | danielle.brown@coronis.com.au
 0434 190 615 | ken.wearing@coronis.com.au

Coronis





Lifestyle & Living

CLEMS ELECTRICAL
AFFORDABLE GOLD MASTER ELECTRICIANS

ELECTRICAL DATA AIRCON SOLAR HOT WATER

CLEMSELECTRICAL.COM.AU 0488 78 13 78

"Experience true value with Clems Electrical"

**FREE QUOTE & CALLOUT
PENSIONER DISCOUNT**



CLEM

SAFE HOME
FREE FROM ELECTRICAL DANGERS

VITAL CHECKS THAT YOU CAN DO



LIC85996

Fridge Magnet Inside

One time only delivery

GOLD MASTER ELECTRICIAN

LOOK OUT FOR THIS BROCHURE IN YOUR MAIL OR CALL CLEM FOR A COPY

CLEM 0488 78 13 78



JC Rendering



Specialising in all types of Acrylic and Cement Rendering including Venetian Plastering....



 Servicing Brisbane Area

www.jcrendering.com.au
 Contact Warren on: Mobile 0412 697 202

B Brisbane's experts in slimming treatments



Our brand new medi-clinic boasts state-of-the-art technology and the latest beauty therapy treatments from across the globe.

- Skin & Face
- Injections and IV
- Laser & IPL
- Body & Cellulite
- Brisbane Cryotherapy



Mention this ad to receive a complimentary 20 minute Massage and LED treatment

CREATING BEAUTIFUL BODIES
BLVD

Cnr Ann & Brookes St, Fortitude Valley
cbbblvd.com.au | info@cbbblvd.com
 Telephone: 3073 3939

Mon to Thur 7am-7pm
 Fri 7-5pm | Sat 7am-4pm



Lifestyle & Living

R.W. Harrold Watchmaker Pty Ltd

- ALL BRANDS incl. TAG, OMEGA, LONGINES & SEIKO expertly repaired
- Quality Service Guaranteed
- FREE QUOTES



Ron Harrold

Email: rharrold@bigpond.net.au
Shop 3A Ground Floor, Sherwood House
39 Sherwood Road, Toowong 4066
Ph: (07) 3876 7133 Fax: (07) 3876 7414

hapi physiotherapy
 healthy • active • preventative • innovative

107 Latrobe Terrace, PADDINGTON

☎ 3711 7360

www.hapiphysiotherapy.com

- Medicare Bulk-bill • Workcover Bulk-bill
- All Private Health Insurance Accepted • Back / Neck / Shoulder / Knee Pain and Sports Injuries.
- Manual Therapy Specialists, Dry-Needling Acupuncture
- Paddington Central (Opposite Medical Centre)



The Powerful Owl Cafe

SAMFORD BURGERS AND CHOOKS

Open Monday to Saturday.
 Also open the First and third
 Friday nights of the month.
 We have an extensive menu
 and also cater for GF.

☎ 3289 1324

📍 27 Main Street,
 Samford Village



www.facebook.com/ThePowerfulOwlCafe2017

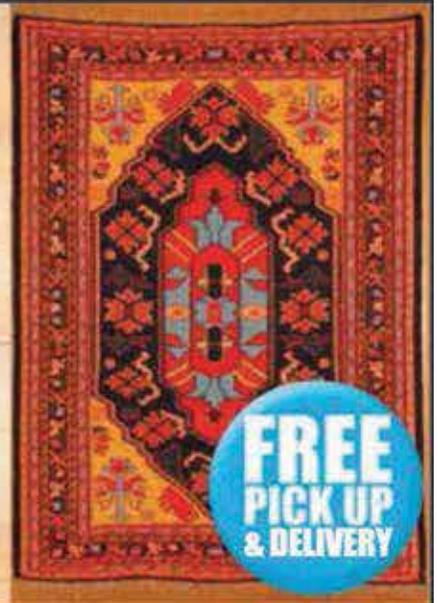
BEAUTIFUL RUGS DESERVE

the best care

RugWash

IMMACULATE HANDWASHING

for lustre, softness and brightness



(07) 3375 9896

www.rugwashqueensland.com.au



Lifestyle & Living



18 Beatrice Street, Bardon. **Sold ...Private Sale/Treaty**



Personable, Accountable, Dedicated

I met Andrew when I was a buyer. When it came time to sell I didn't even bother looking around, I called him up and said 'let's do this!'

Andrew is very professional in the way he conducts himself, yet remains warm and personable whether you're the vendor or an interested party. He prides himself in his creative/marketing content which focuses the viewer on the important and feature aspects of a property.

*Andrew is very energetic, I found he was always willing to go above and beyond in his dealings. He was always transparent with his thoughts and impressions as the 'man on the ground'. Andrew's communication throughout the sale process was regular and timely, and I constantly felt as though Andrew approached the sale of my house with the accountability and dedication he would his own property. - **Matt***



Contact: Andrew Botwright
 Mobile: 0402 784 250
 W: www.botwright.com.au E: andrewbotwright@arealty.com.au



FAULKS FINISHES
 CONCRETE SPECIALISTS
a great start

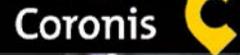
- ✓ Driveways
- ✓ Pool Surrounds
- ✓ Entertainment Areas
- ✓ House Slabs
- ✓ Shed Slabs
- ✓ Steps

MOBILE 0409 877 666
 WWW.FAULKSFINISHES.COM.AU



Get the right appraisal, right from the start...

Thinking of selling? Call Danielle 0433 182 849 and Ken 0434 190 615



Western Suburbs

Out & About

MAGAZINE

WWW.OUTANDABOUTMAG.COM.AU

Are you looking for support and advice on your wellness or homecare journey?



BallyCara can offer you free, personalised information to get you on the right track.

- Explore homecare options that align with your needs and preferences
- Learn the benefits of wellness and restorative services

Maintain your mobility and independence while making new connections in your local community!

To find out more information call 1300 272 222 or email info@ballycara.com



305 Birdwood Tce, Toowong. Sold at Auction on 8th Feb for \$1,001,000

"Selling our family home of nearly thirty years called for someone compassionate and practical: Jeff is the perfect balance of both. With his insight into what we needed, and a thorough understanding of how we should go about achieving what we wanted, he was the best possible guide we could hope to have.

Jeff supported us through the experience of regular open-houses, negotiations, and auction with expertise. His knowledge and consistently useful advice assured us we were in safe hands through a time of major change.

Thank you to Jeff for all the motivation: we're very grateful to you for helping us begin the next chapter!"

- Fiona and Family

Jeff Smith PhD, MBA
Licensed Real Estate Agent
Sales & Marketing consultant
0432 00 33 55
jeff.smith@raywhite.com

Ray White



VIEW OUR FANTASTIC WEB BANNERS ONLINE AT www.outandaboutmag.com.au